

The East Bay Out A Personal Guide To The East Bay Regional Parks

Unveiling the Power of Verbal Art: An Mental Sojourn through **The East Bay Out A Personal Guide To The East Bay Regional Parks**

In a global inundated with monitors and the cacophony of instantaneous connection, the profound energy and emotional resonance of verbal artistry frequently disappear into obscurity, eclipsed by the continuous onslaught of noise and distractions. Yet, nestled within the musical pages of **The East Bay Out A Personal Guide To The East Bay Regional Parks**, a fascinating function of literary elegance that impulses with natural emotions, lies an remarkable journey waiting to be embarked upon. Written by a virtuoso wordsmith, that magical opus books readers on an emotional odyssey, softly exposing the latent possible and profound impact embedded within the elaborate internet of language. Within the heart-wrenching expanse of this evocative examination, we can embark upon an introspective exploration of the book is main styles, dissect their fascinating writing type, and immerse ourselves in the indelible impact it leaves upon the depths of readers souls.

Bay Area Ridge Trail Jean Rusmore 2010-11-01 The official guide to the ever-growing Bay Area Ridge Trail,

a proposed 400-mile route that circles the ridgeline of the San Francisco Bay, crossing over nine counties. Five new trails and 13 more miles await

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discovery in this new edition, bringing the mileage of the completed Ridge Trail to 225.

The Rough Guide to San Francisco & the Bay Area

Nick Edwards 2008-12-22

Provides practical advice on planning trip to San Francisco, describes points of interest in each section of the city, and includes information on restaurants, nightspots, and shops.

Secret San Jose: A Guide to the Weird, Wonderful, and

Obscure Cassie Kifer

2020-09-15

Which scientific landmark moonlights as a mausoleum? Where can you find sacred street food? When was there nearly a Civil War battle in San Jose? What civil rights icon got started in San Jose? What's the real story behind Sarah Winchester's mysterious house? Find the answers to these and other questions you didn't know you had. From player pianos to disappearing lakes, from ghost towns to buried limbs, this unconventional guidebook will take you through bizarre and fascinating stories that define

~~San Jose's history and shaped~~
this one-of-a-kind city. Whether you are a life-long San Jose resident, a new transplant, or a first-time visitor, local writer Cassie Kifer will introduce you to quirky and beautiful places and share stories about the city that never get told. Part tour and part scavenger hunt, this guide will take you to some of the weirdest and most wonderful places in Northern California's biggest and most misunderstood city.

Bicycle USA. 1996

Urban Trails East Bay

Alexandra Kenin 2020-05-01

Urban Trails: East Bay offers 40 routes for walkers, runners, and hikers, with an emphasis on getting out and getting fit in your own backyard. Expert local hiking guide Alexandra Kenin offers a wide range of options, from leg stretchers overlooking the Bay Area at Tilden Regional Park to an afternoon stroll through the wineries around Jack London Square to a 6-mile hike along the slopes of Mount Diablo to spot seasonal waterfalls. Other features include: Trailhead

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locations, including public transit options Rated appeal for walkers, runners, or hikers Info for families and dog owners Trail distance, elevation gain, high point, amenities Sidebars on area history, nature, tips, and sights Historic trails, coastal trails, stairways, peak bagging

Juan Bautista de Anza National Historic Trail, Comprehensive Management and Use Plan [AZ,CA] 1996

San Francisco Bay Shoreline Guide State Coastal Conservancy 2012-08-31 "The San Francisco Bay Shoreline Guide takes us on a walking and cycling journey around San Francisco Bay, unfolding the wonder, drama and beauty of one of the great estuaries of the world."--Robert Redford "From the bustling waterfronts of our cities and towns, to our wild, windswept, and thankfully, protected natural wetlands, this is our fantastic guide to all of the magnificence of the San Francisco Bay Shoreline. Grab it and go on world-class journeys in our own backyard. I'll see you along the

trail!"--Doug McConnell, Television Producer and Reporter "This guide helps to create an awareness and appreciation of San Francisco Bay."--Sylvia McLaughlin, co-founder of Save the Bay Praise from the previous edition "There are absorbing stories here for the armchair reader and detailed guides for the active explorer. Read, enjoy, and cultivate your roots in the region."--Harold Gilliam "Comprehensive and copiously illustrated, this Guide is a treasure-house of user-friendly information. It reveals the equivalent of a national park hitherto unknown in our midst."--Margot Patterson Doss "This book is a complete guide to the Bay Area. All that's missing are the smells, so perhaps the next edition should be scratch and sniff."--Robin Williams
Sea Kayaking Northern California Demece Garepis 1998 A guide to touring Northern California by kayak, with suggested ocean, bay and lake trips. The text includes information on regional

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~~weather and waters, navigation had—and who has—the power~~
and rules of the road, trip ratings for difficulty and time, and campsites.

A People's Guide to the San Francisco Bay Area Rachel Brahinsky 2020-10-06 An alternative history and geography of the Bay Area that highlights sites of oppression, resistance, and transformation. A People's Guide to the San Francisco Bay Area looks beyond the mythologized image of San Francisco to the places where collective struggle has built the region. Countering romanticized commercial narratives about the Bay Area, geographers Rachel Brahinsky and Alexander Tarr highlight the cultural and economic landscape of indigenous resistance to colonial rule, radical interracial and cross-class organizing against housing discrimination and police violence, young people demanding economically and ecologically sustainable futures, and the often-unrecognized labor of farmworkers and everyday people. The book asks who

to shape the geography of one of the most watched regions in the world. As Silicon Valley's wealth dramatically transforms the look and feel of every corner of the region, like bankers' wealth did in the past, what do we need to remember about the people and places that have made the Bay Area, with its rich political legacies? With over 100 sites that you can visit and learn from, this book demonstrates critical ways of reading the landscape itself for clues to these histories. A useful companion for travelers, educators, or longtime residents, this guide links multicultural streets and lush hills to suburban cul-de-sacs and wetlands, stretching from the North Bay to the South Bay, from the East Bay to San Francisco. Original maps help guide readers, and thematic tours offer starting points for creating your own routes through the region. Conducting Meaningful Interpretation Carolyn Widner Ward 2006 Covering everything from the history of

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interpretation, to strategies and tools for effective communication, to the future of the profession, this reference guide is a vital resource for guides and interpreters in natural resource management programs. Includes tips on traditional campfire programs, high-tech audiovisual presentations, presenting to special groups and much more. *The Way We Lived* Malcolm Margolin 1993 A collection of reminiscences, stories, and songs that reflect the diversity of the people native to California.

Moon 101 Great Hikes San Francisco Bay Area Ann

Marie Brown 2018-06-05 Your Adventure Starts Here with Moon Travel Guides! Are you at home in the golden hills of Berkeley, or the lush redwood forests of Marin? Explore the paradise just outside your door with Moon 101 Great Hikes of the San Francisco Bay Area. Inside you'll find: A Hike for Everyone: Hikes range from short, flat routes suitable for families to daylong, steep treks for more ambitious hikers, with

options to extend or shorten the hikes. All hikes are rated for difficulty and marked for features such as dog-friendly or wheelchair accessible Explore the Trails: Highlights like waterfalls, beaches, historic sites, wildlife, and wildflowers are noted on each hike Maps and Directions: Explore with easy-to-use maps and point-by-point navigation for each trail, and including driving directions to each trailhead with GPS coordinates and public transit options when available Top Hikes: Lists like "Best Redwood Forests," "Best Short Backpacking Trips," and "Best Bird-Watching" will help you choose where to hike in Napa, Sonoma, Marin, the East Bay, San Francisco, the Peninsula, and the South Bay Trusted Advice: Anne Marie Brown shares the experience and knowledge she's gained from hiking, biking, and camping in and around the Bay Area more than 150 days a year Tips and Tools: Find essentials like health, safety, and trail etiquette, background information on the landscape

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and history of the trails, and volunteer opportunities so you can help keep the trails as beautiful as you found them. Whether you're a veteran or a first-time hiker, Moon's comprehensive coverage and trusted advice will have you ready to lace up your hiking boots and head out on your next adventure. Looking for trails beyond the Bay Area? Try Moon Northern California Hiking or Moon California Hiking. Ready for an overnight outdoor adventure? Check out Moon Northern California Camping or Moon California Camping.

The Travel Book Jon O. Heise 1993 ...the authors give frequent evaluations of the books they cover, an invaluable guide to acquisition librarians...a read-through of this volume is rewarding ... -- BOOKENDS The broad range of types of travel guides included is commendable...remains a viable choice as a source for selecting travel materials. -- ARBA

Best Hikes San Francisco

Linda Hamilton 2020-04-24

Who says you have to travel far from home to go on a great hike? In *Best Hikes San Francisco* Linda Hamilton details the best hikes within an hour's drive of San Francisco perfect for the urban and suburbanite hard-pressed to find great outdoor activities close to home. Each featured hike includes detailed hike specs, a brief hike description, trailhead location, directional cues, and a detailed map.

Western American Literature
2015

AB Bookman's Weekly
1988-05

Hamilton Wetland

Restoration Project 1999

The East Bay Out Malcolm Margolin 1988-06 "A most lovingly-written and accurate nature guide". -- San Francisco Magazine

East Bay Out Malcolm Margolin 1974-09-01

Best Hikes Near San Francisco

Linda Hamilton 2008-11-18

Who says you have to travel far from home to go on a great hike? In *Best Hikes Near San Francisco* Linda Hamilton

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details the best hikes within an hour's drive of San Francisco perfect for the urban and suburbanite hard-pressed to find great outdoor activities close to home. Each featured hike includes detailed hike specs, a brief hike description, trailhead location, directional cues, and a detailed map.

Small Press Record of Books in Print Len Fulton 1994

Moon Northern California

Hiking Tom Stienstra

2020-05-26 Pack a lunch, lace up your boots, and head out to discover the best hiking trails in NorCal with Moon Northern California Hiking. A Hike for Everyone: Pick the right hike for you, from breathtaking coastal walks to challenging backcountry treks, with options ranging from easy day hikes to multi-day backpacking trips Best Hikes Lists: Choose from strategic lists like the best hikes for majestic redwoods, bird-watching, refreshing swimming holes, wheelchair accessibility and more Essential Planning Details: Each hike is marked with round-trip distance and hiking

time and rated for scenic beauty and trail difficulty Maps and Directions: Find easy-to-use maps, driving directions to each trailhead, and details on where to park Skip the Crowds: Have the trail to yourself with Moon Northern California Hiking's many off-the-radar hikes Expert Advice: Seasoned hikers Tom Stienstra and Ann Marie Brown offer their experienced insight and honest opinions on each trail Tips and Tools: Advice on gear, first aid, ethical hiking, and camping permits, plus background information on climate, landscape, and wildlife Whether you're a veteran or a first-time hiker, Moon's comprehensive coverage and honest expertise will have you gearing up for your next adventure. Exploring more of the Golden State? Try Moon California Hiking. Hitting the road? Check out Moon California Road Trip.

Secret Stairs: East Bay

Charles Fleming 2011-05-01 Revised and Updated in November 2020! The hills of the East Bay contain one of the

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finest and densest urban hiking environments in the state of California—more than 400 paved pathways and public staircases lattice up and down the slopes of Berkeley and Oakland alone. Rising high above the city centers, with towering views of the San Francisco Bay, the Bay Bridge, and San Francisco itself, these elegant civic walking trails—many of them shaded in oaks and redwoods, and many unknown even to local residents—present a unique landscape for both the casual walker and dedicated hiker. Charles Fleming, the Southern California author whose bestselling 2010 walking guide *Secret Stairs* turned the hidden public staircases of Los Angeles into popular hiking trails, now turns his eyes northward. For *Secret Stairs: East Bay*, Fleming has designed more than 30 individual hiking loops. Linking multiple staircases into one-to two-hour self-guided strolls, these urban treks will delight the tourist, newly arrived Berkeley undergraduate, and

veteran Bay Area resident alike. The circular walks, each calibrated by length, difficulty, and duration—and each accompanied by a detailed, easy-to-follow map—are sprinkled with fascinating facts about the historic staircases, the historic homes around them, and the famous Bay Area characters who gave them their names. Walk the walks of Bret Harte, Mark Twain, and John Muir! Climb Berkeley's massive Fred Herbert and Tamalpais Paths, hike Easter Way, and summit Sunset Trail! Mount Oakland's Oakmore stairs, then tackle the hills of Upper Rockridge and Crocker Highlands via the public staircases. And do it all within easy walking distance from BART or bus stops, free parking, and excellent Bay Area cafés.

[Moon California Hiking](#) Tom Stienstra 2020-04-21 Pack a lunch, lace up your boots, and head out to discover the best hiking trails in the Golden State with Moon California Hiking. A Hike for Everyone: Pick the right hike for you,

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from breathtaking coastal walks to challenging backcountry treks, with options ranging from easy day hikes to multi-day backpacking trips

Best Hikes Lists: Choose from strategic lists of the best hikes for kids, bird-watching, redwoods, vivid fall colors, waterfalls, wheelchair-accessibility, and more

Essential Planning Details: Each hike is marked with round-trip distance and estimated hiking time, as well as rated for scenic beauty and trail difficulty

Maps and Directions: Find easy-to-use maps, driving directions to each trailhead, and details on where to park

Skip the Crowds: Have the trail to yourself with recommended off-the-radar hikes

Expert Advice: Seasoned hikers Tom Stienstra and Ann Marie Brown offer their trusted insight and honest opinions on each trail

Tips and Tools: Advice on gear, first aid, camping permits, and ethical hiking, plus background information on climate, landscape, and wildlife

Whether you're a veteran or a

first-time hiker, Moon's comprehensive coverage and honest expertise will have you gearing up for your next adventure. Exploring more of the Golden State? Try Moon California Camping. Hitting the road? Check out Moon California Road Trip.

Camper's Guide to Northern California Mickey Little
1997-08-01 Featuring key campground features, facilities, and activities, this guide's 130+ maps take you right where you want to go. This is the most complete, map-packed, best-organized camping guide you can own.

Living Landscape Laura McCreery 2010 Living Landscape traces the East Bay Regional Park District's 75-year history, from its beginnings in the depths of the Great Depression when voters approved a tax hike, to its establishment as the largest and most innovative regional park agency in the United States. The agency's unwavering focus and sophisticated methods have allowed it to preserve 100,000

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acres of public parklands in 65 parks throughout San Francisco Bay Area's Alameda and Contra Costa counties (the East Bay). The book explores the politically charged annexation of new territory in 1964, board members whose controversial tactics nearly brought the agency to its knees, the clashes of "pure" open-space advocates with those favoring increased public access to parks, and many more pivotal moments. Set against the coming of age of the environmental movement, the book reveals how these extraordinary events unfolded, through the eyes and words of people behind the scenes. Living Landscape informs and surprises readers interested in the environment, California history, politics, law, or simply a good story.

East Bay Trails David Weintraub 1998 The most complete, up-to-date guide for Alameda and Contra Costa counties with over 50 trips in 31 parks, and photos and maps throughout.

East Bay Hills Amelia Sue

Marshall 2017-10-30 Like the mist rising from San Francisco Bay encircles the towering redwoods, the little-known legends of the East Bay Hills enrich a glorious history. Follow the trails of Saclan and Jalquin-Yrgin people over the hills and through the valleys. Ride with the mounted rangers through the Flood of '62. Break into a sealed railroad tunnel with a pack of junior high school boys. Learn how university professors, civil servants and wealthy businessmen planned for years to create a chain of parks twenty miles along the hilltops. Author Amelia Sue Marshall explores the heritage of these storied parklands with the naturalists who continue to preserve them and the old-timers who remember wilder days.

Twisted Tour Guide to the San Francisco Bay Area Marques Vickers 2019-08-25 Avoid The Tourist Herds. What could be more uninspiring than seeing the identical attractions that everyone else has for decades? This Twisted Tour Guide

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escorts you to the places locals don't want to talk about anymore...the same places people once couldn't stop talking about. Long after the screaming headlines and sensationalism has subsided, these bizarre, infamous and obscure historical sites remain hidden awaiting rediscovery. Each visitation site in this guide is accompanied by a story. Many of the narratives defy believability, yet they are true. The profiled cast of characters feature saints and sinners (with emphasis towards the latter). Notorious crimes, murders, accidental deaths, suicides, kidnappings, vice and scandal are captivating human interest tales. Paranormal activity in the aftermath is common. The photography from each profile showcases the precise location where each event occurred. The scenes can seem ordinary, weird and/or sometimes very revealing towards clarifying the background behind events. If you're seeking an alternative to conventional tourism, this Twisted Tourist Guide is ideal.

Each directory accommodates the restless traveler and even resident looking for something unique and different. You will never imagine or scrutinize the San Francisco Bay area through rose tinted glasses again. The contents include: SAN FRANCISCO: CIA's Sex and Drug Playhouse, Diamond Jessie Hayman's Brothels, Jerome Bassity's Tenderloin Fiefdom, Sublime's Bradley James Nowell's Heroin Overdose, 1937 Brothel Addresses, Chambers Mansion, 1885 Chinatown Vice, Cliff House and Sutro Baths, Killer Piano of the Condor Club, Curran Theater's Haunting, Dan White's Infamous Murders and Suicide, Dog Mauling of Diane Whipple, Chinatown's Belle Cora and Donaldina Cameron, Gangland Slaying of Fung Little Pete Jing Toy, 101 California Building Massacre, Golden Gate Bridge Suicides, Jeff Adachi's Double Life and Death, Contract Killing of Joe The Animal Barboza, Kevin Collins Kidnapping, Maiden Lane's Infamous History, Mary Ellen Pleasant's Legacy, Miles

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Archer's Murder Plaque,
Golden Dragon Massacre,
President Warren Harding's
Death, People's Temple, Queen
Anne Hotel Legacy, Fatty
Arbuckle's Fall From Grace,
Political Fixer Abe Ruef's
Penthouse, Spreckel's
Mansion, St. Elizabeth's Center
for Unwed Mothers, Terrific
Street, and the International
Settlement, Whittier Mansion
Nazi Connection, Westerfield
House and the Zebra Killings
EAST BAY AREA Ashkenaz
Murder, Port Chicago
Explosion and Mutiny,
Journalist Chancey Bailey's
Shooting, Children of Thunder
Murders, Oakland
Superintendent of Schools
Assassination, Fat Lady
Restaurant, Ghost Ship
Warehouse Inferno, Henry's
Bar Hostage Nightmare, Port
Costa's Hotel Burlington, Huey
Newton's Demise, Laci
Peterson's Saga, Lovelle
Mixon's Police Killings,
Gambling Era Survivor Oaks
Card Room, Oikos University
Massacre, Oscar Grant III's
Homicide, Patty Hearst
Kidnapping, Pleasanton Hotel

Phantom, Jockey Ron Hansen's
Plunge, Unabomber's Berkeley
Experience, USS Hornet's
Suicide Reputation and El
Cerrito's Dens of Iniquity
MARIN COUNTY Mitchell
Brothers Curse, Blue Rock
Inn's Seedy Past, Litchfield's:
California's Las Vegas, Marin
County Courthouse Shootings,
Tamalpais Trailhead Killer,
Marin Barbeque Murders,
Robin Williams' Suicide and
Sausalito's Infamous Madame
Sally Stanford PENINSULA
Brook Hart's Kidnapping,
Cameron's Pub, Kohl Mansion,
Moss Beach Distillery's Blue
Lady, Ocean Beach Hotel, PG&
E's San Bruno Pipeline
Explosion, Sam's Eclectic
Castle and Historic Sanchez
Adobe, SOLANO COUNTY
Promoter Bill Graham's Fatal
Helicopter Crash, Benicia's
Capital and Brothel Heritage
and Zodiac Killer Murders
SONOMA & NAPA COUNTIES
Blue Wing Inn, California
Industrial Farm for Women,
Fishhead Beach Murder,
Petaluma's Crooked History,
Polly Klaas Abduction, Ramon
Salcido's Family Slayings,

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~~Napa's Infamous Spanish Town~~
and Washoe House Stagecoach
Stop

Down by the Bay Matthew
Booker 2020-06-09 San
Francisco Bay is the largest
and most productive estuary on
the Pacific Coast of North
America. It is also home to the
oldest and densest urban
settlements in the American
West. Focusing on human
inhabitation of the Bay since
Ohlone times, Down by the Bay
reveals the ongoing role of
nature in shaping that history.
From birds to oyster pirates,
from gold miners to farmers,
from salt ponds to ports, this is
the first history of the San
Francisco Bay and Delta as
both a human and natural
landscape. It offers invaluable
context for current discussions
over the best management and
use of the Bay in the face of
sea level rise.

California County Summits

Gary Suttle 1994 From
Carpenter Hill in Sacramento
County at 828' to Mt. Whitney
at 14,491', California's 58
counties offer extremes in peak
experiences! In this unique

~~guide, you will find trailheads,~~
trail descriptions and mileages,
plus previews of what you'll see
from California's county
summits.

BART-Oakland International Airport Connector 2001

Moon 101 Great Hikes of the San Francisco Bay Area

Ann Marie Brown 2014-09-16
Your Adventure Starts Here
with Moon Travel Guides! Are
you at home in the golden hills
of Berkeley, or the lush
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Explore the paradise just
outside your door with Moon
101 Great Hikes of the San
Francisco Bay Area. Inside
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next adventure. Looking for trails beyond the Bay Area? Try Moon Northern California Hiking or Moon California Hiking. Ready for an overnight outdoor adventure? Check out Moon Northern California Camping or Moon California Camping.

Northern California Handbook
1990

60 Hikes Within 60 Miles: San Francisco Jane Huber

2013-08-13 Bay Area parks and preserves offer a dramatic variety of landscapes, from rugged redwood-forested canyons to breezy coastal bluffs, grassy rolling hills to sunny chaparral-coated hillsides. Well-known destinations such as Point Reyes National Seashore, Mount Diablo State Park, Mount Tamalpais State Park, and many other more obscure jewels of the Bay Area park system are just a short drive from the heart of San Francisco. Completely updated and including several new hikes and a complete new map set, 60 Hikes within 60 Miles: San Francisco guides readers

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to a splendid assortment of trails in the nine counties surrounding one of the world's most beautiful cities. Whether hikers crave a quick and easy get-out-of-town stroll or a challenging day-long trek through wilderness, this book is the perfect trailblazer, for city natives and first-time visitors alike.

Hiking the San Francisco Bay Area

Linda Hamilton
2018-06-01 Lace up your boots and sample forty of the finest trails the San Francisco Bay Area has to offer. This guide covers every corner of this beautiful and diverse region, leading you to roaring waterfalls and wind-whipped mountaintops, verdant forests and wildflower-covered meadows. See majestic redwoods in the nature lover's cathedral in Muir woods, watch for whales along Lighthouse Trail at Point Reyes National Seashore, or wander through military history in The Presidio. Veteran hiker and Bay Area native Linda Hamilton will introduce you to these trails and many more.

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California Rough Guide

2011-05-02 The Rough Guide to California is the ultimate guide to the USA's most exciting and varied state. Whether you're looking for inspiring accommodation, great places to eat, the best bars, chilled muso haunts or cutting-edge clubs, you'll find the solution. The guide also includes three sections covering the state's unmatched influence on American music, its remarkable array of food and wine, and getting the most from California's wonderful backcountry - hiking, skiing, rock climbing and surfing. Plus The Rough Guide to California is packed with incisive comment on everything from LA's political scandals and Hollywood hype to San Francisco's Beat poet hangouts and Yosemite's sheer rock walls. Accurate maps and comprehensive practical information help you get under the skin of California, whilst stunning photography and a detailed introduction make this your ultimate travelling

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companion. Make the most of your trip with The Rough Guide to California.

Bay Area Green Pages

Stephen C. Evans 1990

Best Easy Day Hikes San

Francisco's East Bay Tracy Salcedo 2009-03-17 Best Easy Day Hikes San Francisco's East Bay includes concise descriptions of the best short hikes in the area, with detailed maps of the routes.

Berkeley Charles Wollenberg 2008-01-23 "A sweeping panorama of Berkeley by one of California's finest historians. Wollenberg knows this city like no one else, and he has the rare capacity to link a compelling local narrative to larger currents in American politics, economics and culture. This book has no rivals. Anyone who cares about Berkeley—and there are many—will devour it with pleasure."—Richard Walker, Professor of Geography, University of California, Berkeley

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